PROGRAMMA PALESTRA 2017/2018

	LUNEDI	MARTEDI	MERCOLEDI	GIOVEDI	VENERDI
GIANNA DERIU **Tel. 349-3137024**	10,00/11,00 **Pilates Dinamico**	11,00/12,00 **Pilates big ball** **Garuda**		11,00/12,00 **Pilates Dinamico**	
DEBORAH PUGI **Tel 349-6570007**	13,30/14,30 **Body Functional**	09,45/10,45 **Ladies Postural**	13,30/14,30 **Body Functional** 17,00/18,00 **Ladies Postural**	09,45/10,45 **Ladies Postural**	13,30/14,30 **Body Functional** 17,00/18,00 **Ladies Postural**
SANTO CACCAMO **Tel. 339-8268656**		18,30/19,30 **DANZA**			
PIERPAOLO CALLIPO **Tel. 348-6944843**	13,00/14,00 **PUGILATO**				
GORI GIANNA **Tel. 338-5065621**	8,00/9,00 11,30/12,30 **YOGA**		10,00/11,00 **YOGA**	8,00/9,00 **YOGA**	